

## **GREEN TEAM RECIPES**

**Reduce plastic, Reuse your containers**

**Feel great and save money**

### **Deodorizing Spray from Kathy O'Rourke**

1 part vodka

1 part filtered water

Pour ingredients into a spray bottle and shake well. You don't need full-strength vodka to get the job done, and you don't need nice vodka. Go for the least expensive one in a glass bottle.

### **Citrus Vinegar Spray Cleaner from Carol Campbell**

Citrus peels

White vinegar

Spray bottle

In the refrigerator, save up a quart jar full of citrus peels (oranges, lemons, grapefruit). Then fill the jar with cheap white vinegar, covering the peels. Let this sit in a cool place for about a week. Strain the peels and put the cleaner in a spray bottle. To use, spray directly on your countertop or spray onto a cloth and wipe the area.

### **Fabric Softener from Carol Campbell**

2 cups white vinegar

2 cups water

$\frac{1}{8}$  cup vegetable glycerin

10-20 drops essential oil (optional)

Mix together. To use, pour  $\frac{1}{2}$  cup into the fabric softener dispenser of your washing machine.

### **Gardener's Soap Scrub from Carol Campbell**

White sugar

Dawn Hand Renewing dishwashing soap

8 ounce glass jar with cover

Fill jar  $\frac{2}{3}$  full with sugar. Pour dish soap in to about 1/2" from top rim. Stir to combine and screw on lid. To use, dampen hands and scoop out some soap. Rub vigorously and rinse.

### **Goo-B-Gone from Carol Campbell**

$\frac{1}{4}$  cup coconut oil melted

$\frac{1}{2}$  cup baking soda

2-3 teaspoons Dawn dishwashing soap

Jar with cover

Combine and mix all ingredients. To use, rub some Goo-B-Gone onto the sticky surface (sticker, glue, etc.). Allow to sit for 3-5 minutes, then rub with a cloth and rinse the sticky substance away!

### **Dishwasher Detergent from Heather Blais**

1 cup Washing Soda

1 cup Baking Soda

1 cup citric acid

$\frac{3}{4}$  cup table salt

Mix all ingredients together in your chosen container. To use, fill your dishwasher's detergent cup. Heather recommends making one batch at a time. If stored too long, the mix clumps and loses its effectiveness.

### **Liquid Laundry Detergent from Ella Ingraham**

3.1 ounce bar Ivory soap or other soap

1 cup Borax

$\frac{1}{2}$  cup Washing Soda

3 gallons hot water  
Essential oil (optional)

**You need:**

5 gallon container

Grater

Pot to hold 5 cups water

Spouted cup to transfer the detergent into laundry soap containers

Laundry detergent containers

Grate Ivory soap and put it in the pot with 5 cups water. Bring the mixture almost to a boil and stir until the soap is completely melted. Grating makes smaller pieces that dissolve more quickly. Fill your 5 gallon container with 3 gallons of hot water. Pour the dissolved mix into the 5 gallon container and stir. When thoroughly mixed, add ½ cup Washing Soda and stir until dissolved. Then add Borax and stir again until dissolved. If you like fragrance add several drops of an essential oil.

Cover and let sit overnight. It gels on top. Mix well so that you get rid of large clumps of gel. Transfer into your empty detergent containers. Before I use it, I shake the container to really mix it up. Use ½ cup for front loading machines and 1 cup for top loaders.

**Windshield Washer Fluid from Elise Schlaikjer**

Distilled water

1.5 cup rubbing alcohol or vodka

2 tablespoons dish detergent

¼ cup white vinegar (optional)

Fill 1 gallon container ¾ full of distilled water. Add the alcohol, dish detergent and, if you choose, the white vinegar. Label the container. This is a nontoxic washer fluid. You may collect rainwater or melt snow for the water, but filter it through a cloth to remove any sediment before using it. Both are mineral free.

### **Wondering Where to Get Ingredients?**

Borax and Washing Soda are available in cardboard boxes in the laundry aisle. Baking soda is available in a cardboard box in the baking aisle. Citric Acid is available online or near canning supplies.