

## A Prayer for Caregivers

Living and eternal God, you tell us in the psalms that you are near to the broken-hearted.

Draw near to us whose loved ones are suffering in body, mind, and spirit, that we may be a source of your love and mercy to them.

Fill us with your Holy Spirit that we may offer care through your strength, your wisdom and your goodness.

Revive our spirits, Lord, when we are discouraged and weary, and help us to be mindful of your presence and your faithfulness.

Give us patience, forbearance, and a spirit of generosity. Help us to laugh and to find joy despite our lives' challenges.

Divine, healing caregiver, let gratitude dance in us as we live out the privilege of caring for others.

We ask this in the name of Jesus Christ. Amen

# Caregivers Support Group

A combined ministry of  
Saints James and Andrew





"It is a safe place for caregivers to share, as well as a place to find strength, courage, and hope"

## Support

The experience of being a caregiver, whether for a spouse, partner, or family member, can be frustrating, depressing, and lonely, especially when your relationship to your loved one begins to change, and the person you knew and loved seemingly begins to disappear before your eyes.

## About us

The Episcopal Church of Saints James and Andrew sponsors a faith-based Caregiver Support Group. It is a safe place for caregivers to share, as well as a place to find strength, courage, and hope in their ministry of caring for their loved one.

The group is open to anyone in the wider community who wants to be part of a faith based Caregiver Support Group.

## When, Where, & Who

The group meets every other Friday from 10:45 am to 12:15 pm in the Choir Room at Saints James and Andrew, 8 Church Street, Greenfield, Massachusetts.

All caregivers are invited and welcomed.

Please let the group leader, Molly Scherm, know in advance that you are interested in participating by emailing her at:

[mollyscherm@gmail.com](mailto:mollyscherm@gmail.com)

### **The Rev. Dr. Molly Scherm**

The Rev. Dr. Molly Scherm facilitates the Caregivers Support Group and serves as Associate Rector at Saints James and Andrew. During a ministry in both educational and parish contexts, she has had the opportunity of providing support to both individuals and groups in a wide variety of settings.

### **The Rev. Heather Blais**

Rev. Blais is the Rector of Saints James and Andrew, and is a supporting pastor of our group.

### **Kathryn Aubry-McAvoy, FCN, NP**

Kathryn is a Faith Community Nurse and Licensed Nurse Practitioner. She is happy to assist you with any medical questions you may have.

## Contact Us

Saints James and Andrew  
8 Church Street  
Greenfield, Massachusetts 01301  
(413) 773 3925

[www.saintsjamesandandrew.org](http://www.saintsjamesandandrew.org)

